

July 8, 2025

Trojans Cheer Newsletter

Regular Season Starts July 14

Practice Location: Sons Park next to Weed High School. 1711 Hillside Drive Weed CA.

Practice Schedule: July 14-18 Mon – Fri 5:30-7:30

July 21-24 Mon – Thur 5:30-7:30

July 28-31 Mon – Thur 5:30-7:30

August-rest of season Mon, Tues, Thurs, 5:30-7:30

Required check-in at 1st day of Practice - All athletes and parent/guardians must stop at check-in table before starting practice. We will go over the following....

- Status of Enrollment
- Payment Status
- Work-to-play Status
- Age Verification
- Sports Physical Clearance
- Code of Conduct
- SYF Waiver & Release
- Concussion Waiver

Free Sports Physicals We are offering free sports physicals on Monday July 14, 2025, at Weed Community Center 161 E Lincoln Ave. Physicals are available 2-5pm. Please show up early and do not wait until the last minute. Physicals are required to certify and participate. If you have questions regarding this topic please reach out to Assistant Cheer Coordinator Monique at Info@Siskiyoucountytrojans.com

Recommended for 1st day of Practice

- Lightweight athletic clothing
- Water bottle
- Sunscreen
- White cheer shoes

Sign-in & Out at practice Please make sure you sign-in and sign-out your cheerleader at EVERY practice. This helps us keep everyone safe and accounted for. There will always be a clipboard with one of the coaches to sign-in and out.

Coaches and contact info

Cheer Coordinator	Marianne Endoso	(310)694-4477
Asst. Cheer Coordinator	Monique Walsh	(707)888-9145
Dance Coach	Kaela Clemens	(530)925-5124
Dance & Jumps Coach	Sarah Steffen	(415)225-7749
Sideline Cheer Coach	Casey Robles	(530)859-8722
Stunt Coach	Amber Harrison	(530)485-8974

Uniform update Uniforms are starting to arrive! We have briefs, bows, and pompoms. We are waiting on bags, skirts, and tops. As soon as everything arrives, we will announce an equipment checkout day.

Tanks & Jackets Cheer Tank tops and jackets were ordered for all cheerleaders. Both items are here and ready for pickup. Tanks are \$25 and Jackets \$65 (\$90 total). Pay via cash or check at practice or Venmo Monique (707)888-9145. Be sure to include the name of your cheerleader on the Venmo note. As of August 1st all unclaimed tanks and jackets will be sold to the general public at our home football games and events.

Like & Follow us on Facebook <https://www.facebook.com/SiskiyouTrojans>

Sign-up for text alerts on our website <https://siskiyoucountytrojans.com/newsletter-signup>

FightON!

Love Marianne & Monique